

Cliffhanger: The story isn't over



First, watch
this week's
video!

**Grit: Refusing
to give up when
life gets hard**

Memory Verse

"Let us not become
tired of doing good.
At the right time we
will gather a crop
if we don't give up."
Galatians 6:9, NIV

Bible Story

Joseph Sold by
Brothers and
Joseph in Jail
Genesis 37, 39-40

Bottom Line

Hold on because
God is with you.



Use this guide to help your family
learn how God can help us have grit.

Activity

Hold On

What You Need:

Blindfold (bandana)

What You Do:

Blindfold your child and tell them to hold on to your shoulder (or hand). Then, lead them around the house without telling them where you're going. Bonus points if you can complete this activity outside—that would increase the mystery of the destination!

After you've spent a few minutes leading your child around the house (or outside), remove their blindfold and reveal their new location. If there's time, allow your child to lead you around too.

After the activity, say, "That was so much fun! You didn't know where I was leading you, but you knew I was taking you somewhere. Even though you didn't know where we'd end up, you had to trust me."

Talk About the Bible Story

In today's story, who had to choose to trust even though they didn't know where they'd end up? (*Joseph*)

What bad things happened to Joseph? (*his brothers threw him in a well and sold him to a group of traders, he was put in jail for something he didn't do*)

If you had been Joseph, would it be easy or difficult for you to trust God during these difficult circumstances? Why?

When is it difficult for you to hold on or to trust in God?

What can you do to remind yourself that you can hold on because God is with you?

Parent: Share a kid-appropriate story about a time you faced something really difficult and were reminded that God was with you.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for the example of Joseph—someone who showed grit by holding on and trusting You. I pray that our family would show that same kind of grit . . . that we would have big trust in our big God who loves us and wants what's best for us. When life feels difficult, help us to hold on and know that You are with us. Amen."