



Use this guide to help your family learn how God's Spirit can help us "make waves."

**First, watch  
this week's  
video!**

**Make Waves:  
What you  
do today  
can change  
the world  
around you**

### Memory Verse

"God began a good work in you. And I am sure that he will carry it on until it is completed. That will be on the day Christ Jesus returns."  
Philippians 1:6, NIV

### Bible Story

City on a Hill  
Matthew 5:14-16

### Bottom Line

Show God's goodness to others.

## Activity

### Under a Bowl

#### What You Need:

Three identical bowls (or cups); three different small items (bouncy ball, die, grape, etc.)

#### What You Do:

Place the three bowls face down, and hide a small item under each one. Quickly and randomly shuffle the bowls. Lead your child in guessing where each random item is.

Then, switch up the roles. Allow your child to lead the game.

Say, "In our story today, we heard about something that should not be hidden under a bowl—or anywhere!"



## Talk About the Bible Story

Based on what Jesus taught, what are we not supposed to hide under a bowl? (*our "light" that shows the goodness of God*)

What are some ways you can think about the goodness of God? (*Read or listen to the Bible; think about what God has done in your life; talk to others about God*)

Why is it important that we think about and remember God's goodness to us? (*so we can then show God's goodness to others*)

*Parent: Talk about a time when someone showed God's goodness to you. Maybe they were patient and kind in a difficult situation, said something kind when others were being unkind, or sat quietly with you when something heavy was going on.*

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, You are so good! Thank You for this reminder that we can share Your goodness with other people. When we spend time with You by reading or listening to the Bible . . . worshipping You . . . and thinking about what You've done for us . . . the more we'll be like You, and the more we'll be able to show Your goodness to others. Help us to do that this week. We love You, Lord. Amen."