

Compassion is caring enough to do something about someone else's need.

DAY 1

Read 1 Peter 3:8

When it comes to showing compassion, we need to . . .

1. Agree with one another—We need to find a way to get along, always.
2. Be understanding—If someone is hurting or struggling, we need to make time to listen, encourage or just give a high five or hug.
3. Love one another—As followers of Jesus, we are called to love others no matter what.
4. Be kind and tender—Kindness is about putting other first. Tenderness is about being careful as we care for others.
5. Be humble—Humility is helping when you'd rather be doing something else. It's meeting the needs of people around you.



Code Word: Compassion

Here's your challenge. Pick two of the things listed above. Grab a pen and write two of the codes below on your hand to help you remember to make time to help others today.

Agree with one another – AWOA

Be understanding – BU

Love one another – LOA

Be kind and tender – BKAT

Be humble – BH

DAY 2

Read Philippians 2:4

Write out the words of today's verse in the space below. When you've finished, draw a big box around the very last word "OTHERS."

To show compassion, we need to look at the people around us, at the others that cross our path each day. The writer of this verse, Paul, reminds us this is how Jesus lived. He came to serve and to save. He came to help and to rescue. And when we stop worrying about ourselves and start focusing on others, we'll show all the others around us just how much Jesus loves them.



The Others

1. Grab a piece of paper and write down the name of five "others" that you see on a regular basis outside of your family.
2. Next to each person's name, write one way you could show compassion and help that person this week.
3. Ask God to help you make time this week to help the others around you.

Read 1 Thessalonians 5:11

One way to help others is to be an encourager which is someone who inspires with courage or hope.

Encouragers look for the best in others. Instead of being critical or finding fault, encouragers take time to notice the positive and name it. Here are a few examples:

“I like the drawing you made. Can you show me how to do that?”

“It was cool when you invited the new kid to sit with us.”

“Way to go on that test. It was a lot of information to remember.”

Take time this week to be an encourager and show compassion.

Be a Builder

1. Grab a few building blocks (like Jenga® blocks or Lego® blocks) and a roll of masking tape.
2. Write out the words of today’s verse on separate pieces of tape and stick them to each block.
3. Set a timer and see if you can stack the blocks in the order of the verse in one minute!
4. If you’re successful, set a timer for 30 seconds and try to beat the clock!

Read Hebrews 13:16

Do you have to remember a lot of stuff before you head out the door for school? Like your binder or planner, your water bottle, your lunch, your backpack, your jacket or umbrella or your favorite scrunchie?

Along with all the school stuff, what if we added something else to that “don’t forget” list? Today’s verse reminds us not to forget two very important things:

- ➔ TO DO GOOD
- ➔ TO SHARE

Compassion is about caring enough to do something about someone else’s need. When we care enough, we should *do* enough to help. **We’ll always show compassion when we choose to do the right thing and when we’re generous to share what we have.**

Don’t Forget Your Watch!

Do you wear a watch on your wrist?

1. Grab a roll of tape.
2. Write the words “Do Good” and “Share” on two separate pieces of tape.
3. Stick each piece on the inside of the two straps of your watch.
4. Every time you put on your watch, say a prayer asking God to help you show compassion as you choose to do good and share with others this week.

Make time to
help others.