



Use this guide to help your family learn how God's Spirit can help us "make waves."

First, watch
this week's
video!

Make Waves:
What you
do today
can change
the world
around you

Memory Verse

"God began a good work in you. And I am sure that he will carry it on until it is completed. That will be on the day Christ Jesus returns."
Philippians 1:6, NIV

Bible Story

David and Jonathan
1 Samuel 18-20,
2 Samuel 9

Bottom Line

Be faithful so others
can count on you.

Activity

Lean on Me

What You Need:

No supplies needed.

What You Do:

Tell your child that you're going to practice "trust falls" together.

Say, "I'll stand behind you with my arms held up. You'll be facing away from me. When I say go, you'll fall backward. You have to trust that I'm going to catch you. Ready?"

Practice a few trust falls, catching your child before they fall. For an extra challenge, practice the trust falls on a bed, and a few times, allow your child to fall all the way backward!

Say, "Good friends should always be able to count on one another. People should know that they can trust us to keep our word. That's what it means to be faithful!"



Talk About the Bible Story

How were Jonathan and David examples of faithful friends? (*They stood up for each other; they could count on each other; David kept his promises even after Jonathan had died.*)

Why could it have been hard for Jonathan to honor David the way he did? (*He wasn't really supposed to use his royal sword and robes for anyone else; Jonathan's father was trying to kill David.*)

What are a few ways we can be faithful friends? (*keep our promises, be kind, give a hug or a fist bump when someone's having a bad day, do what we say we're going to do, share what we have*)

Parent: Talk about a time when you kept your word to a friend. Maybe you kept a promise to do something with a friend, even when you were extra-busy . . . or you kept your word to be available to support them during a hard time . . . or you stood up for a friend when others weren't being kind to them.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, David was faithful and loyal to his friend Jonathan. With the help of Your Spirit, I can be faithful so others can count on me, too. Thank You for being the best example of a faithful Friend. We can always count on You! We love You. Amen."