



First, watch
this week's
video!

Bible Story

The Four Friends
(Mark 2:1-12)

Remember This

"We have the Lord
our God to help us"
2 Chronicles 32:8, NLT

Say This

Who made you to help others?
God made me to help others.

Have fun learning and playing
with your preschooler!

Activity

Helpful Tunnel

What You Need:

Large blanket, a table or 4 chairs, and a baby doll or plush friend

What You Do:

Place the blanket over the table or drape the blanket over chairs to create a tunnel. Invite your child to look at the tunnel you made.

Say, "We heard a Bible story about four friends who carried their friend all the way to Jesus, even though it was hard, because they wanted to help him. God made those friends to help and God made you and me to help too."

"Let's help this friend! (*Hold up the doll or plush friend.*) We need to help our friend go through the tunnel. It might be hard, but I know you are such a great helper that you can do it! Carry the friend while you crawl through the tunnel. (*Encourage your child as they carry the plush friend through the tunnel.*) Great job! You were such an amazing helper! Just like the four friends in our story, God made us to help others too."



Prayer

"Dear God, thank you for loving us and for making us to help others. Please help us to be good friends this week and help others. We love you. Amen."