

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

HOW CAN YOU SHOW YOUR FRIENDS THEY'RE IMPORTANT?

Lined area for journaling responses to the question.



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

Day 2

Read 1 Samuel 20:1-21

In 1 Samuel 20, we find the story of a friendship between two men: David and Jonathan. In the first part of the chapter, the two friends make a plan for saving David's life, as Jonathan's father, the king, wants to kill David.

Read 1 Samuel 20:1-21 out loud, and pretend you are on a stage, delivering the lines with passion. Imagine how the friends must have felt, being scared for David's life, not trusting Saul, and also fearing for their future friendship.

As you read, pay special attention to the words and actions of Jonathan. Talk about a BFF (best friend forever) worth having!

Day 3

Jonathan and David made a agreement of friendship before God. This means they made a promise to God that they would always be kind and loving to each other and to their families.

Today, make your own covenant of friendship before God. But instead of making it with a specific friend, pray a prayer of promise that you will be a good friend to everyone. Here's an example, but feel free to change it up and use your own words, just be sure and pray specifically for a friend or two.

"Dear God, thank You for the example of Jonathan and David's friendship that teaches us so much about what it means to be a good friend. They show us that friends love one another, and I want to be that kind of loving friend too. Today, I promise to love my friends. Please help me put others first and always look out for my friends' best interest. Today, I especially want to pray for my friends (list one or more of your close friends) _____ . Please help me know how to best show them I love and care for them as friends do. In Jesus' Name, I pray, amen."

Day 4

Who is a trusted adult or older friend who you have seen being a good and loving friend to others?

Take a few minutes today to talk to that person about friendship. You can use the questions below to interview them about their friendships.

- 1) Who would you say is your closest friend? What do you love about them?
- 2) Did you have a best friend when you were my age? Who was it? What did you love about them?
- 3) What is one way you like to show love to your friends?
- 4) What is one way your friends have shown you their love?

Thank your friendship interviewee for their time, and ask them to pray for you to be a loving friend.

Day 5

Look back to day three. Which friends did you pray for? Choose one or two of them to honor today:

Now it's time to make sure your friends know how much you love them.

Friendships are as unique as people are, so think about what would show love to your friend, which may or may not be the same thing that would mean a lot to you.

Grab a sheet of paper and write down the answer to as many of these categories/questions as you can for each friend you plan to honor:

- 1) Favorite activities
- 2) Favorite foods
- 3) Favorite treats
- 4) Favorite movie
- 5) Favorite music
- 6) Favorite ways to communicate (in person, text, video chat, etc.)

Now use as many of the answers you wrote above to make a Friendship Ambush that will show your friend how much you love them. For example, you could send them a text with a GIF from one of their favorite movies, and make a plan to meet up for their favorite activity. Or you could make their favorite treat and show up on their doorstep with it as a surprise. Make a playlist of their favorite music and have a dance party over video chat. The possibilities are endless—there are so many ways to show your friend how important they are to you!